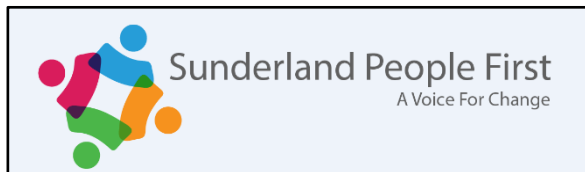




Sunderland People First  
A Voice For Change

# SUNDERLAND PEOPLE FIRST – ANNUAL REPORT – 2015/2016

# Our Company



Sunderland People First is a self-advocacy Company for people with learning disabilities and autism



We were originally part of Sunderland Council



We became a not-for-profit Community Interest Company in May 2014



Our aim is to promote the rights and responsibilities of people with learning disabilities and autism



Our work involves making sure that people with learning disabilities and autism are able to live fulfilling lives



We have built on the achievements we made last year, and now provide a wider variety of services

# Highlights from 2015- 2016

Here are some of our highlights from the past year



## EU Referendum sessions

We had some brilliant debates in our resource centres in Sunderland.

We were really pleased that most people said they had registered and intended to vote



Learning Disability England



## Launch of Learning Disability England

Learning Disability England was launched in the summer of 2016 at the House of Lords

Learning Disability England brings together Housing and Support Alliance and People First England

Learning Disability England work with people with learning disabilities and their families, friends and supporters



THE TALL SHIPS RACES 2018  
Sunderland

### **Tall Ships Sail Ambassadors**

We are **delighted** that two of our members of Sunderland People First, became Tall Ships Sail Ambassadors.

Andrew Cowe went on a trip around Britain in the Lord Nelson. Toni Ann Wood went on the Kapitan Borchardt to Gothenburg as part of their duties.

The Tall Ships will visit Sunderland in  
2018



### **Nexus new 700 bus service.**

This bus is specially adapted to assist people with disabilities

It helps people with sight and hearing difficulties to know when they are getting near to their destination

# Funding we received

We gained funding from NHS England to hold All About Me sessions in partnership with Autism in Mind.

These sessions, held in Spring 2016 were very successful.

The sessions enabled people with autism to gain greater understanding of their condition and gave them confidence to become self advocates.

We secured funding from the Community Foundation to hold sessions with community organisations across the Ryhope and Hendon areas.

The sessions will try to change the way people view people with learning disabilities and autism.

This Project will be starting in November 2016 with sessions due to start in early 2017.

# Work we did this year

## **Care and Treatment Reviews**

We held **11** Care and Treatment Reviews

These reviews make sure that people who are living in hospital settings are living a good life

## **Health Quality Checks**

We held **4** Health Quality Checks.

These checks make sure that medical practices are making reasonable adjustments for people with learning disabilities and autism

## **Disability Awareness Training Sessions**

We held **11** Disability Awareness Training sessions

We provide training to staff who will be supporting people with learning disabilities and autism

The training looks at good support from the viewpoint of the person being supported

## **Accessible Information**

We produced **5** pieces of accessible information.

We turn complicated documents into easy read documents, so that they can be understood by as many people as possible



## **Consultations**

We took part in **5** consultations

These consultations looked as subjects which affect people with learning disabilities such as transforming care, and annual health checks.

## **Campaigns**

### **Safe Places**

We have been doing lots of work to extend the Safe Places Scheme in Sunderland.

We now have **53** safe places in Sunderland. You can see where are our safe places are by clicking on the link below.

<http://inclusionnorth.org/uploads/attachment/746/sunderland-safe-places-2016.pdf>

**Campaigns**  
**(continued from previous page)**

**Changing Places**

We have continued our work on  
Changing Places.

There is a new changing place in  
Sunderland underneath the Fat  
Buddha Restaurant in Seaburn

# New work

**We have been involved in a number of new areas of work, including:**

## **Health Quality Checks**

We were asked to quality check a new Health Quality Toolkit on behalf of Change.

We are going to do test checks, on two medical services to see how the toolkits work.

We are also to health quality check community health services provided in Sunderland

## **Friendships and Relationships**

Some of our advocates are involved in working with Friends Action North East to encourage people to make friends and have a better social life

### **Co-Production**

We are working with Northumberland Tyne and Wear Trust to look at how people with learning disabilities and autism can be included in improving health services

### **Homelessness Strategy**

More people than ever are becoming homeless or are at risk of becoming homeless.

We are working with Sunderland's Access to Housing team around developing a homelessness strategy in Sunderland.

# Our Partners

	We would like to thank everyone we have worked with, including:
	Inclusion North
	Sunderland Care and Support
	Autism in Mind
	NHS England
	Sunderland City Council
	All Together Better Sunderland

# Annual Accounts



We have attached our Annual Accounts up to 28<sup>th</sup> October 2015 in a separate booklet.

# Plans for the Future

	We are always looking to improve the way we work, and to take on more challenges.
	We have a lot of ideas about what we will be doing to make the business more successful and let more people know about the work that we do.
	We are working on lots of different opportunities for funding locally and in the rest of the country.

# Keeping up to date with our work

	You can keep up to date with our work by
	Visiting our Website <b>sunderlandpeoplefirst.com</b>
	We also have a twitter page <a href="https://twitter.com/SunPeopleFirst">https://twitter.com/SunPeopleFirst</a> #