



Sunderland People First

A Voice For Change



Newsletter - Summer 2018



Inclusion International

Advocates from Sunderland People First and Skills for People represented the UK at Inclusion International's World Congress.

Our presentation was called 'Self Advocates Working for Inclusion' and we were teamed up with Canada People First & Hungary People First.

"It was amazing to meet with advocates from so many different countries, share experiences and work together." Gavin Barr, Advocate



"Working Together to build an Inclusive World"

Inclusion International held its first World Congress in eight years in Birmingham 30th May – 1st June to discuss how various countries are addressing important disability issues like living in the community, inclusive education, and being valued equally. Over 1,000 attendees, representing 71 countries, participated in this year's conference. We felt so fortunate to have met many great people from around the world, heard their unique individual stories and learned so much.

World Congress Photo Gallery: <https://bit.ly/2l469W4>



Canada People First



Birmingham ICC



Advocates from Parivaar, India



Improving Cancer Services

We have really enjoyed working with Kirsty and Joanne from Northern Cancer Alliance on an exciting new project which involves making sure that people with learning disabilities and autism receive the right support within cancer services.



Best Care for people with a Learning Disability

It was wonderful to take part in the Getting the Best Care for people with a Learning Disability health event in May. The conference organised by Sunderland CCG had lots of important outcomes including Point of Care testing & promotion of Annual Health Checks. A brilliant team effort!

Time to Change - Speaking out Training

Thank you to Angela Slater from Time to Change for facilitating Speaking out Training. The training looks at gaining skills and confidence in sharing your own personal experience of mental health issues that may help you to Speak Out and challenge mental health discrimination in various situations.



Working Together to Tackle Hate Crime

We continue to work with a range of partners across the city as part of the Police Independent Advisory Group. Our aim is to help strengthen communities and challenge discrimination and abuse. We have been involved in a range of community events and look forward to building on this work.

Tall Ships Programme of Events

Only one month to go! It's come around quick but we're ready for four fantastic days of spectacular ships, music, theatre, circus, fireworks, parades and more.

We are busy preparing for the event and have a few surprises in store!



Use Your Vote Workshops

We delivered Use Your Vote Workshops to raise awareness of the local Council Elections in Sunderland on 3rd May.

Our accessible workshop was aimed at people with learning disabilities and autism to talk about how people can vote.

We were really pleased that everyone we spoke to had registered to vote and we had some brilliant questions from attendees.

Valuing Difference Training

We are working with primary and secondary schools to develop Valuing Difference training resources.

Mathew, Jodie and Samantha have really enjoyed meeting with students and seeing how the schools have come up with some amazing ideas and ways of sharing the message.



Stopping People with a Learning Disability Dying too young

We are working with Inclusion North on a new group which will look at why people with a learning disability have died earlier than they should have done. This is a difficult piece of work, but it is so important that people with a learning disability can give their views. Phil Hughes will meet with a steering group that informs the National Learning Disability Mortality Review Programme.

International Day against Homophobia, Biphobia & Transphobia

Members of our team stood together with partners across the city to recognise and support IDAHOT day on 17th May.

This annual raising of the rainbow flag at Sunderland Civic Centre challenges the discrimination and abuse of lesbian, gay, bisexual and transgender people internationally.



Disability Awareness Training

New members of the team have been involved in delivering Disability Awareness training to new support workers. We have enjoyed seeing how people have grown in confidence and can share their own experiences to help other people. Thank you to everyone that participated in our June training for such positive feedback. It really is appreciated by the team!

Farewell to Ben

We were sad to say goodbye to Ben Rosamond who we have worked with for many years. Ben has been an amazing ambassador for people with a learning disability and has set up many projects around involvement and inclusion. We know Ben will be a big asset within his new role and would like to wish him every success in the future.



Sunderland People First



We are a Community Interest Company based in the North East of England. Our business is about improving the lives of people with learning disabilities and autism. Our experience is based on over 20 years of working alongside the Health and Social Care Sector. Working closely with Sunderland Clinical Commissioning Group and Sunderland City Council we have built up a highly regarded professional and award-winning reputation.

Accessible Information



Meet your statutory duty and make sure that consultations and information are accessible to people with learning disabilities. We are experts in making information clear and easy to understand. We have experience of working with a range of partners to develop easy read information and a lot of our documents are used around the country and even the world. We also provide consultations and training around developing your own accessible information.

For further information – download our flyer: <http://bit.ly/2oxtud6>



Training

We offer a range of training programmes which include Disability Awareness, Values, Hate & Mate crime and Personal Assistant training. We produce bespoke training packages to meet the needs of our customers. All of our training courses have been developed and are delivered by people with learning disabilities.



Consultancy

We have experience of consulting with people on a large or small scale. We have developed links both locally and throughout the region allowing us to connect with people. Our consultations have helped shape local and regional policies.



Quality Checking

Quality checks provide an Expert by Experience view of how your service or organisation meets the needs of people with learning disabilities and autism. Our quality checkers team are unique in their experience and their range of checks with both health and social care providers.



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Scan for info



Do you have any thoughts or suggestions for our team? If so, we would love to hear from you: <http://sunderlandpeoplefirst.com/contact-us/>